



Lots of Latkes!

Reprinted from the, "The Hadassah Jewish Holiday Cookbook: Traditional Recipes from Contemporary Kosher Kitchens"

POTATO LATKES

- 4 large potatoes
- 1 large onion
- 2 eggs, lightly beaten
- 1 teaspoon salt
- Dash of freshly ground pepper
- 2 tablespoons all-purpose flour
- Oil for frying

Grate potatoes and onion on fine grater and squeeze out about half the liquid.
 Add remaining ingredients except oil to potato mixture.
 Heat oil in medium skillet over medium heat. Put about 2 tablespoons batter for each latke into hot oil and fry until golden on both sides, turning once. Remove from skillet to paper towels to drain.
 -Jean Gelfand, Sioux City Hadassah, Iowa

CARROT LATKES

- 1 pound carrots
- 2 eggs
- 1 scallion, finely chopped
- ½ clove garlic, minced
- Salt and freshly ground pepper to taste
- ½ to ¾ cup matza meal
- Oil for frying
- Sour cream and chopped scallion greens for garnish

Clean carrots and grate finely. Transfer to a fine strainer or colander. Place carrots against sieve and allow liquid to drain 10 minutes.
 Beat 2 eggs in a large bowl. Add drained carrots, the scallion, garlic, and salt and pepper. Add sufficient matza meal with frequent mixing until mixture is fairly firm and can hold the shape of a latke.
 Heat oil in medium skillet over medium heat. Put about 2 tablespoons batter for each latke into hot oil and fry until golden on both sides, turning once. Remove from skillet to paper towels to drain. Garnish with sour cream and scallion greens.
 -Abe Koblin, Dyan Group, Baltimore Hadassah, Maryland

ELAINE'S APPLE CINNAMON LATKES

- 1 egg
- 3 tablespoons sugar
- 1 teaspoon ground cinnamon
- 1 teaspoon salt
- 3 cups coarsely chopped apples (approximately 3 apples)
- ¾ cup all-purpose flour
- Oil for frying

Beat egg until foamy. Add sugar, cinnamon, and salt. Mix well.
 Add chopped apples to egg mixture a few at a time. Add flour and blend mixture until smooth.
 Heat oil in medium skillet over medium heat. Put about 2 tablespoons batter for each latke into hot oil and fry until golden on both sides, turning once. Remove from skillet to paper towels to drain.
 Cover and keep latkes in 250 degree oven until all are made.
 -Elaine Binder, Chaverot Hadassah, Suffern, New York

from the Congregation President...



The Sabbath is a time of interruption. Six days a week we run and run and run doing what we think needs to be done to earn a living, manage the house, and attend to all sorts of other chores and busyness. Some of this running is actually quite important and necessary. And yet, Jewish tradition builds into all this running around an interruption, a rupture, a limit amidst all the racing,

that commands us to stop the frantic scurrying, to stop getting things done. Enough is enough. We are told to take time to have one day when we do what we can do to stop and rest. This is not a command to be lazy for one day. It is a command to take time to stop running and doing, so that we might hear and feel that we are human.

The Rabbis teach us that this interruption in time is sacred. But what makes it sacred? Why is it so holy? Why should we care? The Rabbis give all sorts of reasons involving Biblical texts and a command from God. But I think the real reason to think about the Sabbath and how we live on that day is that when we intentionally take time to rest on that day we become more human and more humane. How so? Healthy human beings live in and with balance. And balance means that we recognize that we are mortal and cannot do everything. We are creatures and not God. Hence, we have limits. Since, we cannot do everything we want to do, we are caught. We have to make choices. We must choose what we can do and what we cannot do. The Sabbath helps us in training ourselves to understand that resting on one day of the week keeps us sane. It keeps us from going mad. When we race around constantly doing stuff we have no place in our brains for anyone or anything else. The "doing all the time" leaves us totally distracted from the people that love us. When my head is full of all the things I need to do I have no time or space to listen to my wife or my son or my friend or anyone else for that matter.

Buddhist tradition speaks of the "demons of distraction" that distract us or take us away from what is real and important. A more modern version includes the following distractions: technology overload, interruption by others, over scheduling and inappropriate multitasking, noisy or messy space, stress, fatigue, illness or medication, and unruly mind." The Sabbath is a Jewish way to quiet us down and compel us to be still and listen, to be stop for a short time our running, to care for someone in need, to be alive and aware enough to do a mitzvah.

I urge myself and you to be intentional about how we act during the Sabbath and I do hope it helps keep us both sane and humane.

Murray

TIDINGS DEADLINE IS JANUARY 10TH

Remember to submit articles appropriate for February's *Tidings*.

To submit articles, you may email them to: carol@theprintersinc.com

OR mail them to:
510 S. 1st Ave.
Sioux Falls, SD 57104

Please contact Marty Davidson to host a Friday or Saturday night meal with Student Rabbi Glatstein. Marty can be reached at 605-254-8434 or martydavidsohn@gmail.com

ONEG SHABBAT SPONSORS

Thank you to our Oneg Shabbat sponsors:

JANUARY 6 - HENRY PECHENY

JANUARY 20 - LIZ HERMAN

FEBRUARY 3 - MATILDA OPPENHEIMER

FEBRUARY 17 - ROYCE HANSMAN

Notice for Oneg Shabbats sponsors: challahs have been baked by Marty Davidsohn and are in the freezer, and there will be backup goodies in the cupboard for last minute guests if needed. Anyone who wants to volunteer need only contact me!!!

Lorna Gallanter, Oneg Shabbat Chairperson (gallanterlorna@gmail.com)

Remember birthdays, anniversaries, yahrzeits, memorials.

Please send your donations

to:

**Mt. Zion Temple
PO Box 756**

Sioux Falls, SD 57101

Reforest Israel by planting trees in Israel through JNF, the Jewish National Fund. The price of one tree is \$18.

TU B'SHEVAT IS
FEBRUARY 7th!

To purchase a tree, contact Mary Magidson (334-3893 or email her at mary.magidson@gmail.com).



SISTERHOOD GIFT SHOP..

Thank you to everyone who supported the Sisterhood through their purchases of Gift Shop merchandise and raffle tickets! We will announce the raffle winner in the February *Tidings*.

Remember to shop at your Sisterhood Gift Shop

Your Gift Shop Coordinators:
Matilda Oppenheimer (332-8404)
and Judy Lampert (339-3170)

STUDENT RABBI'S 2011 - 2012 SCHEDULE

Jan. 6 - 8

Jan. 20 - 22

Feb. 3 - 5

Feb. 17 - 19

Mar. 9 - 11

Mar. 23 - 25

April 6 - 8 (Passover)

April 20 - 22

May 4 - 6

May 18 - 20



**HADASSAH,
THE WOMEN'S
ZIONIST
ORGANIZATION OF
AMERICA, INC.**

A certificate to Joshua and Deborah (Rosenthal) Peterson in honor of the birth of their son, Lucas Nanthaniel, from Harlene Lewin

Thank you, Harlene, for your generous donation to Hadassah

WOMEN OF
REFORM JUDAISM



*Inspired by the past.
Committed to the future.*

Women of Reform Judaism's Centennial Commission invites your WRJ Sisterhood* to appoint a Centennial Ambassador

In celebration of the Centennial of Women of Reform Judaism (1913-2013), the WRJ Centennial Commission is inviting each Sisterhood to designate one woman as your Centennial Ambassador to the WRJ Centennial Commission. A series of Centennial celebrations will take place in 2013, beginning in January at the WRJ Leadership Conference in Cincinnati, Ohio and concluding in December at the 49th WRJ Assembly in San Diego, California.

Your Centennial Ambassador will begin to serve now and continue through the 2013 Assembly. All Centennial Ambassadors will receive special recognition at the 2011 and 2013 WRJ assemblies and forever be listed as your Centennial Ambassador.

Who should be your Centennial Ambassador?

Each WRJ Sisterhood will decide for itself. Your Ambassador should be able to inspire your group to participate in and understand the significance of this 100th anniversary celebration; to have an interest in your local history (from our youngest Sisterhood to the most historic founding Sisterhoods) and, most importantly, be willing to be the conduit of Centennial information between your members and WRJ.

(simply fill out and return the form below)

Name of Sisterhood _____

Congregation _____

Address _____

Designated Ambassador for your Sisterhood _____

Address _____

Phone _____

E-mail _____

Each Ambassador's name and full contact information must be submitted either via US mail, fax, or e-mail as you prefer.

US MAIL

ATTN: Judy Rosenkranz,
Ambassador Chair
Women of Reform Judaism
633 Third Avenue
New York, NY 10017

FAX

ATTN: Judy Rosenkranz,
Ambassador Chair

Fax: 212-650-4059

E-MAIL

Fill out electronically and attach
Subject Line: Centennial Ambassador

wrjambassadors@gmail.com

*Sisterhood, herein, includes all WRJ affiliated women's groups.

- EVENTS IN THE TWIN CITIES-



***Myla Goldberg,
The False Friend***

Thursday, January 19, 2012
7:00 PM
St. Paul Jewish Community
Center
\$9/person

Goldberg is author of the best-selling debut *Bee Season*, a *New York Times* Notable Book and winner of the *Borders New Voices Prize* among other honors-later adapted for the screen. Goldberg's new novel, deeply resonant and emotionally charged, explores the complexities of moral judgment, the fallibility of memory, and the adults that children become-leading us to question the truths that we accept or reject, and the lies to which we ultimately succumb.



***St. Paul JCC
Chamber Music
Series***

***Thursday, January 26th
Concert 7:00PM - Free***

*Alexander Wasserman,
classical piano*

American pianist Alexander Wasserman is rapidly establishing himself as one of the most engaging performers of his generation. He maintains an active concert schedule as recitalist, chamber musician, and concerto soloist throughout the US and Canada.



Do you know of activities going on that would interest our members? Send in activities to carol@theprintersinc.com to be included in the *Tidings*. Include events in Sioux Falls, Sioux City, Omaha, Minneapolis, St. Paul and other nearby cities.



Mt. Zion Congregation

www.mtzioncongregation.com
14th & Duluth Streets
PO Box 756
Sioux Falls, SD 57101-0756

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Mt. Zion Congregation - January 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Elisa Lew <div style="border: 1px solid black; padding: 5px; margin: 5px 0;"> A reminder that proper attire should be worn when participating in services at Mt. Zion Temple. Your cooperation with this matter is greatly appreciated. </div>	2	3	4 Dick Rostrom Bday	5	6 (Tevet 12) 4:47 pm 7:30 pm Shabbat Service STUDENT RABBI GLATSTEIN Torah: Va-y'chi Gen 47:28-50:26 Haftarah: I Kings 2:1-12	7 10 am Torah Study Leta Levinger Bday
8 Daniel Crosby Bday	9	10 TIDINGS DEADLINE	11 Annette Hellwig Bday	12	13 (Tevet 19) 4:55 pm 7:30 pm Shabbat Service Torah: Sh'mot Exod 1:1-6:1 Haftarah: Isaiah 27:6-28:13; 29:22-23	14 10 am Torah Study
15	16	17 Scott Feinstein Bday	18	19	20 (Tevet 26) 5:03 pm 7:30 pm Shabbat Service STUDENT RABBI GLATSTEIN Torah: Va'eira Exod 6:2-9:35 Haftarah: Ezekiel 28:25-29:21	21 10 am Torah Study
22 Temple Board Meeting 10am, Temple Social Hall	23	24	25 Rosh Chodesh Shevat	26 Logan Hansman Bday	27 (Shevat 4) 5:13 pm 7:30 pm Shabbat Service Torah: Bo Exod 10:1-13:16 Haftarah: Jeremiah 46:13-28 Chuck Levinger Bday Bob & Susan Mendelsohn Anniv	28 10 am Torah Study
29	30	31 Aaron Hegna Bday	Feb. 1	2	3 (Shevat 11) 5:22 pm 7:30 pm Shabbat Service STUDENT RABBI GLATSTEIN Torah: VB'shalach Exod 13:17-17:16 Haftarah: Judges 4:4-5:31; 5:1-31	4 10 am Torah Study



Yahrzeits

All Yahrzeits that are observed Sunday through Saturday are read the Friday of that same week. If a Yahrzeit is not listed or you need information concerning Yahrzeits, please call Jan Forstein at 332-3354. A Yahrzeit card and envelope will be sent to you to notify you of upcoming Yahrzeits. (If you do not receive your notification, please contact Jan.) Also included with the notification card is a donor envelope if you wish to make a donation to the Temple in memory of your loved one.

January 6th

David Kaufman
Sue Magidson
Daniel Horwitz
Harry Greenstein
Jane Herzman Rosenthal
Bernard Gallanter
Wally Mander

February 3rd

Izadore Rimerman
Molloy Borden
Megan Feinstein
Harry Cohen
Herman Davis

January 13th

Sarah Agrant Obstfeld
Irene Bierman
Cecyle Marsh
Harry Ackerman
Melvin D. Mendelsohn
Sam Light
Miriam C. Cruikshank

January 20th

David Rosenstein
Sam Speier
Rachel Levinson
Louis Ginsberg
Rebecca Fوسفeld
Rose Luskey
Harold Roganson

January 27th

Erma Levine
Sarah Weiner
Emmanuel Schotten
Lillian Hurwitz



On Tu B'Shevat we plant a tree...

Contact Mary Magidson (mary.magidson@gmail.com or 334-3893) to celebrate Tu B'Shevat by planting a tree in Israel through the Jewish National Fund. Trees are \$18 per tree and may be planted in honor of or in memory of someone, or for special occasions, or just because! A beautiful certificate will be mailed out to the recipient.

Help Israel and celebrate Tu B'Shevat!

Hadassah and the Jewish National Fund have been partners in action since 1926, when they formed an effective and compassionate coalition. Today, these organizations are united in an effort to help Israel avoid an environmental catastrophe. Hadassah is currently funding the Tirzah Reservoir in Israel's Jordan Valley. Over the next few years, as many as 100 additional reservoirs will be needed to insure that Israel has the water that it requires. **Your contribution will help Israel conserve water, the most precious resource in the Middle East.**



Over the past century, JNF has planted over 200 million trees, built over 150 dams and reservoirs, developed over 250,000 acres of land, created more than 400 parks throughout Israel and educated students around the world about Israel and the environment. Through the support of donors, JNF was able to ensure that Israel was the only nation in the world to end the 20th century with more trees than it had at the beginning.

